

**Week 1: Week commencing: 21<sup>st</sup> April, 12<sup>th</sup> May, 9<sup>th</sup> & 30<sup>th</sup> June, 21<sup>st</sup> July, 15<sup>th</sup> Sept, 6<sup>th</sup> Oct**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Choice</b>	Pork sausages wheat/gluten, soya, sulphur dioxide/sulphites	Mighty meaty pizza <b>SEE ADDITIONAL LIST</b>	Cauliflower Mac 'n' cheese wheat/gluten, milk & garlic bread wheat/gluten	Roast chicken <b>none</b> & gravy <b>none</b>	Fish fingers wheat/gluten, fish
<b>2<sup>nd</sup> Choice</b>	Mini chickpea falafels in tomato sauce sulphur dioxide/sulphites	Cheese & tomato pizza (bought in base - wheat/gluten, milk / homemade - wheat/gluten, milk, soya)	Quorn nuggets wheat/gluten	Vegan sausage turnover wheat/gluten	Mexican fajita rice egg
<b>3<sup>rd</sup> Choice</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>
<b>Vegetable/Salad Selection</b>	Mashed potato (if using milk - <b>milk</b> ) Rice - <b>none</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Pasta salad <b>SEE ADDITIONAL LIST</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE ADDITIONAL LIST</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE ADDITIONAL LIST</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Chips <b>none</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>
<b>Dessert</b>	Ice cream <b>milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Iced cookie wheat/gluten, milk Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Fruit cupcake wheat/gluten, egg, milk with buttercream <b>milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Cold mixed desserts <b>SEE ADDITIONAL LIST</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Fruit swirl wheat/gluten Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>

**Week 2: Week commencing: 28<sup>th</sup> Apr, 19<sup>th</sup> May, 16<sup>th</sup> Jun, 7<sup>th</sup> Jul, 1<sup>st</sup> & 22<sup>nd</sup> Sept, 13<sup>th</sup> Oct**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Choice</b>	Chicken nuggets <b>none</b>	Spanish chicken meatballs <b>wheat/gluten</b> with flatbreads <b>wheat/gluten, soya</b>	Bean Quesadillas <b>wheat/gluten, milk</b>	Roast of day <b>SEE ADDITIONAL LIST</b>	Bubble Salmon <b>fish</b>
<b>2<sup>nd</sup> Choice</b>	Vegan sausage & baked bean pasta <b>wheat/gluten</b>	Cheese & tomato pizza (bought in base - <b>wheat/gluten, milk</b> / homemade - <b>wheat/gluten, milk, soya</b> )	Vegan sausage roll <b>wheat/gluten, milk, soya</b>	Vegetarian pasty <b>wheat/gluten, egg</b>	Rainbow muffin pizza <b>wheat/gluten, milk,</b> <b>sesame seed, soya</b>
<b>3<sup>rd</sup> Choice</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>
<b>Vegetable/Salad Selection</b>	Potato of the day <b>SEE ADDITIONAL LIST</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE LIST BELOW</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE LIST BELOW</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE LIST BELOW</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Chips <b>none</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>
<b>Dessert</b>	Brownie <b>wheat/gluten, egg</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Melting moments <b>wheat/gluten, milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Mini Fruit scones <b>wheat/gluten, egg, milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Cold mixed desserts <b>SEE ADDITIONAL LIST</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Iced sponge <b>wheat/gluten, egg, milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>

**Week 3: Week commencing: 5<sup>th</sup> May, 2<sup>nd</sup> & 23<sup>rd</sup> Jun, 14<sup>th</sup> Jul, 8<sup>th</sup> & 29<sup>th</sup> Sept, 20<sup>th</sup> Oct**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Choice</b>	Chicken <b>none</b> in a bap <b>wheat/gluten, sesame</b> with a selection of sauces <b>SEE ADDITIONAL LIST</b>	Spaghetti Bolognese (beef) <b>wheat/gluten</b>	Loaded cheesy potato wedges <b>wheat/gluten, milk</b>	Roast chicken <b>none</b> & gravy <b>none</b>	Fish fingers <b>wheat/gluten, fish</b>
<b>2<sup>nd</sup> Choice</b>	Sweet potato & lentil curry <b>wheat/gluten</b>	Cheese & tomato pizza (bought in base - <b>wheat/gluten, milk</b> / homemade - <b>wheat/gluten, milk, soya</b> )	Tomato pasta <b>wheat/gluten</b> with garlic bread <b>wheat/gluten</b>	Vegetarian roulade <b>wheat/gluten, egg, milk</b>	Cheese & onion bake <b>wheat/gluten, egg, milk</b>
<b>3<sup>rd</sup> Choice</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>	Jacket potato with various fillings <b>SEE ADDITIONAL LIST</b>
<b>Vegetable/Salad Selection</b>	Potato of the day <b>SEE ADDITIONAL LIST</b> Rice <b>none</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE ADDITIONAL LIST</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Potato of the day <b>SEE ADDITIONAL LIST</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>	Chips <b>none</b> Seasonal vegetables <b>none</b> & salad <b>SEE ADDITIONAL LIST</b>
<b>Dessert</b>	Ice cream <b>milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Flapjack - <b>wheat/gluten</b> Apricot - <b>wheat/gluten, milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Iced bun <b>wheat/gluten, egg, milk, soya</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Cold mixed desserts <b>SEE ADDITIONAL LIST</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Chocolate crunch <b>wheat/gluten</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>

**PACKED LUNCH MENU**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Roll</b>	Cheese roll wheat/gluten, milk, sesame seed or ½ baguette wheat/gluten, milk	Ham roll wheat/gluten, sesame seed or ½ baguette wheat/gluten	Cheese roll wheat/gluten, milk, sesame seed or ½ baguette wheat/gluten, milk	Tuna mayonnaise roll wheat/gluten, egg, fish, sesame seed or ½ baguette wheat/gluten, egg, fish	Cheese roll wheat/gluten, milk, sesame seed or ½ baguette wheat/gluten, milk
<b>Snack</b>	Cheese pinwheel wheat/gluten, milk	Pizza finger wheat/gluten, milk	Vegetarian sausage bites wheat/gluten	Cheese pinwheel wheat/gluten, milk	Vegetarian sausage bites wheat/gluten
<b>Vegetable/Salad Selection</b>	Vegetable sticks None	Vegetable sticks None	Vegetable sticks None	Vegetable sticks None	Vegetable sticks None
<b>Dessert</b>	Dessert of the day SEE MAIN MENU	Dessert of the day SEE MAIN MENU	Dessert of the day SEE MAIN MENU	Dessert of the day SEE MAIN MENU	Dessert of the day SEE MAIN MENU

## ADDITIONAL ALLERGEN INFORMATION

JACKET POTATOES	
Jacket potato with baked beans	none
Jacket potato with cheese	milk
Jacket potato with tuna mayonnaise	egg, fish
Jacket potato with cheesy coleslaw	egg, milk
Jacket potato with bean chilli	mustard
MIGHTY MEATY PIZZA	
Pepperoni	wheat/gluten, milk
Ham	wheat/gluten, milk
Hawaiian	wheat/gluten, milk
Spicy chicken meatball	wheat/gluten, milk
BBQ chicken meatball	wheat/gluten, milk
SEASONAL SALAD	
If using celery	celery
If using mayonnaise	egg
If using couscous	wheat/gluten, soya
If using pasta	wheat/gluten
If using lemon juice dressing	sulphur dioxide/sulphites
PASTA SALAD	
Plain pasta	wheat/gluten
Pasta with gustoso Rich & Rustic sauce	wheat/gluten
Pasta with veggies	wheat/gluten (if using celery – also celery)
Pasta with veggies & mayonnaise	wheat/gluten, egg (if using celery – also celery)
POTATO OF THE DAY	
Creamy mash	milk
Plain potato wedges	none
Spicy potato wedges	wheat/gluten
Diced potatoes	none
Ridge slices	none
Roast potatoes	none
Mini potato bites	none
Waffle fries	none

ROAST OF THE DAY	
Roast chicken	none
Roast beef	none
Roast gammon	none
Gravy	none
COLD MIXED DESSERTS	
Jelly	none
Whip/ mousse	milk
Custard pot	milk
Fruit salad	none
SELECTION OF SAUCES	
Tomato ketchup	none
Mayonnaise	egg
BBQ sauce	none